

Our Mission

Founded in 1974, SERV Centers of New Jersey is the cornerstone of the organization that has since grown to become SERV Behavioral Health System, Inc. A private, not-for-profit behavioral healthcare organization, SERV Centers focuses on serving adults and children who are working to recover from and cope with serious mental illness.

Every person can make a valuable contribution to the community. That is why SERV integrates housing and supportive services to address the needs of the whole person and does not treat just an illness.

It is our goal to assist the people who come into our care to live and work successfully in their communities as they build more independent and meaningful lives outside the walls of an institution.

Referral Process — (800) 987-SERV (7378)

Referrals for most of our residential placements are made through the state hospital system; however, some community referrals can be accommodated. Placement in our programs is dependent upon the consumer's appropriateness for the program and availability.

Cost of Care

SERV offers consumers a sliding scale fee to accommodate their finances. We also assist those who may be eligible to access additional financial assistance in doing so. Those who choose to enter SERV residential programs commit both to their treatment and to paying a portion of the cost of care. The exact amount is determined based upon their income.

Staffing and Credentials

- ◆ Staff medical director and psychiatrists
- ◆ Master's-level clinicians and supervisors
- ◆ Bachelor's-level or equivalent counselors
- ◆ Registered Nurses.

Treatment, Documentation & Evaluation Criteria

Individualized Recovery plans are developed with each participant and include specific goals and objectives. Plans are reviewed regularly and progress notes are recorded on a weekly basis. Goals are achieved through active participation, supportive counseling, specialized groups and the structured support of daily living skills. Additionally, psychiatric consultation and medication monitoring (when appropriate) occur regularly in coordination with other supporting services.

Service Coordination

We work with many other service organizations, psychiatrists and primary care physicians to enhance the link between community resources and each SERV consumer. Our consumer-centered recovery model includes acquiring supportive services for the whole family unit when necessary.



Centers of New Jersey, Inc.

*Building Strength Toward Recovery
and Independence*

**OVERVIEW
OF SERVICES**
for adults recovering
from mental illness

Serving:

Hudson, Mercer,
Middlesex, Union
& Passaic Counties

1-800-987-SERV (7378)

servbhs.org

A member of



Behavioral Health System, Inc.

20 Scotch Road, Ewing, N.J. 08628
(609) 406-0100 or (800) 987-SERV (7378)

SERV as a benefit and resource to the community

Much more than Mental Health

Through our work we address a multitude of social issues including homelessness, hunger, housing, addiction recovery, senior care, diversity and tolerance, and educational issues.

Treatment that Works

Research indicates that mental health consumers are much more responsive to accepting treatment after they have housing in place.¹ Because we integrate housing with supportive services, SERV is able to achieve a higher level of success with a very challenging population.

The Continuum of Care

SERV provides a continuum of care that allows for varying levels of care and supervision. Consumers at SERV begin at the most appropriate level of care for them and, through recovery service planning and hard work, gradually move toward greater levels of independence. Throughout this transition back into the community, they are encouraged and supported by trained staff.

¹New Freedom Commission on Mental Health, Achieving the Promise: Transforming Mental Health Care in America. Final Report DHHS Pub. No. SMA-03-3832. Rockville, MD: 2003

Community Reintegration *Housing, Support & Guidance*

▶ *Group Homes*

These 24-hour supervised residences provide a home for adults who are working to cope with and recover from a serious mental illness. Residents are referred to SERV through a state hospital.

▶ *Apartment Programs*

A wide variety of apartment programs offer variation in support and supervision for those adults who are in the process of building a progressively more independent life.

▶ *Supportive Housing*

Consumers live in their own apartments (one they have leased themselves) and are responsible for paying for and maintaining their living space. Ongoing and individualized support is provided to the consumer to ensure successful living on their own.

▶ *Dually Diagnosed*

Specialized residential programs for individuals who have a mental illness as well as a chemical addiction or developmental disability.

▶ *Adult Family Care*

Long-term family care for adults who are in need of the ongoing on-site support, assistance and supervision that a family setting can provide.

Participants in these residential programs are at least 18 years of age, live within our service area and have a primary psychiatric diagnosis.

Adapt Partial-Care Program *Building Skills for Independence*

A daily structured program that is geared toward helping mental health consumers to remain healthy in the community and work toward greater independence.

Working with a psychiatrist and clinical staff, SERV partial-care program participants work on personal goals such as attaining a job as well as daily living skills.

Clifton Behavioral Healthcare *Bringing Mental Health Home*

Available to residents in and around Clifton, N.J., this outpatient community mental health center, founded in 1960, provides family, couple and individual counseling; educational and support groups; as well as adult and child psychiatric consultation, medication counseling and follow-up.

Board-certified child psychiatrist on staff.

Private insurance, Medicaid, Medicare and most major credit cards accepted.

SERV Centers Service Area

Mercer, Middlesex, Union, Hudson and Passaic counties. Not all services are available in every county.